

MOUNT VERNON FEBRUARY LUNCH MENU-HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cheese Pizza OR Chicken Caesar Wrap Lettuce Salad w/tomatoes Applesauce Peaches	2 Breaded Chicken Sandwich OR BBQ Rib Sandwich Mashed Potatoes & Gravy Green Beans Pears Whole Apple	3 Little Smokies w/dinner roll & Macaroni & Cheese OR **Soup & Sandwich Combo (Chicken Noodle Soup w/Grilled Cheese Sandwich) Peas Red & Green Peppers Pineapple Oranges	4 Stromboli w/marinara sauce OR Maidrite Potato Triangle Baby Carrots & Cucumbers Apple Slices Cantaloupe	5 Chicken Cheese Quesadilla (sour cream & salsa) OR Pepperoni French Bread Fiesta Beans Corn Grapes Peaches
8 Corn Dog OR Pulled Pork Sandwich French Fries Baked Beans Apple Slices Juice Cup	9 Popcorn Chicken w/dinner roll OR Breaded Pork Sandwich Mashed Potatoes & Gravy Corn Mandarin Oranges Pears	10 Grab & Go Lunch Fajita Chicken Wrap w/cheese Sour Cream & Salsa Baby Carrots & Cucumbers w/Ranch Whole Apple Watermelon Early Dismissal	11 Chili Crispito (sour cream & salsa) OR Hot Dog Tater Tots Celery w/sunbutter Peaches Strawberries	12 Spaghetti w/meat sauce Bosco Stick OR Stuffed Crust Pepperoni Pizza Lettuce w/tomatoes Orange Wedges Pineapple
15 Pepperoni Pizza OR Grilled Cheese Sandwich Lettuce Baby Carrots Applesauce Oranges	16 Chicken Tenders w/dinner roll OR BBQ Rib Sandwich Mashed Potatoes & Gravy Green Beans Pears Whole Apple	17 Orange Chicken Brown Rice Broccoli OR **Soup & Sandwich Combo (Broccoli Cheese Soup w/Fish Sandwich) Red & Green Peppers Pineapple Mandarin Oranges	18 Cheese Omelet & French Toast Sticks OR Maidrite Potato Triangle Baby Carrots & Cucumbers Apple Slices Juice Cup	19 Soft Shell Taco (shredded lettuce,shredded cheddar, sour cream, salsa) OR Garlic Cheese Bread w/marinara sauce Refried Beans Corn Grapes Peaches
22 Cheeseburger OR Italian Grilled Chicken Sandwich French Fries Baked Beans Whole Apple Juice Cup	23 Chicken Nuggets w/dinner roll OR Breaded Pork Sandwich Mashed Potatoes & Gravy Corn Mandarin Oranges Pears	24 Grab & Go Lunch Bosco Sticks Marinara Sauce Baby Carrots & Cucumbers Sliced Apples Grapes Early Dismissal	25 Pizza Crunchers w/marinara sauce OR Hot Dog Tater Tots Celery w/sunbutter Peaches Strawberries	26 Bow Tie & Alfredo Sauce Meatballs Cheesy Bread Stick OR Stuffed Crust Cheese Pizza Lettuce w/tomatoes Orange Wedges Pineapple

GRAB & GO LUNCHEES OFFERED DAILY (EXCEPT ON EARLY OUTS)
CHEF SALAD ,PBJ UNCRUSTABLE LUNCH ,LAYERED TACO DIP LUNCH, GRAPES & CHEESE LUNCH .
FRUIT, VEGETABLE, & MILK INCLUDED WITH ALL MEALS.