

MOUNT VERNON JANUARY LUNCH MENU-HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center">CHEF SALAD AND PBJ UNCRUSTABLE LUNCH OFFERED DAILY LAYERED TACO DIP LUNCH OFFERED ON TUES. & THURS GRAPES & CHEESE LUNCH OFFERED MON, WED, & FRI FRUIT, VEGETABLE, & MILK INCLUDED WITH ALL MEALS.</p>				<p align="center">1 NO SCHOOL</p>
<p align="center">4 Cheese Pizza OR Grilled Ham & Cheese Sandwich Baby Carrots Applesauce Peaches</p>	<p align="center">5 Breaded Chicken Sandwich OR BBQ Rib Sandwich Mashed Potatoes & Gravy Green Beans Pears Apples</p>	<p align="center">6 Little Smokies w/dinner roll OR **Soup & Sandwich Combo (Broccoli Cheese Soup w/Chicken Caesar Wrap) Macaroni & Cheese Peas Red & Green Peppers Pineapple Oranges</p>	<p align="center">7 Stromboli w/marinara sauce OR Pulled Pork Sandwich Potato Triangle Baby Carrots & Cucumbers Apple Slices Juice Cup</p>	<p align="center">8 Chicken Cheese Quesadilla (sour cream & salsa) OR Pepperoni French Bread Fiesta Beans Corn Grapes Peaches</p>
<p align="center">11 Mini Corn Dog OR Maidrite French Fries Baked Beans Apple Slices Juice Cup</p>	<p align="center">12 Popcorn Chicken w/dinner roll OR Breaded Pork Sandwich Mashed Potatoes & Gravy Corn Mandarin Oranges Pears</p>	<p align="center">13 Bosco Sticks w/marinara OR **Soup & Sandwich Combo (Chili w/ Ham & Cheese Sandwich) Baby Carrots & Cucumbers Watermelon Pineapple</p>	<p align="center">14 Chili Crispito (sour cream & salsa) OR Hot Dog Tater Tots Celery w/sunbutter Peaches Strawberries</p>	<p align="center">15 Spaghetti w/meat sauce Cheesy Bread Stick OR Stuffed Crust Cheese Pizza Lettuce w/tomatoes Orange Wedges Apples</p>
<p align="center">18 NO SCHOOL</p>	<p align="center">19 Chicken Tenders w/dinner roll OR BBQ Rib Sandwich Mashed Potatoes & Gravy Green Beans Pears Apples</p>	<p align="center">20 Orange Chicken Brown Rice OR **Soup & Sandwich Combo (Taco Soup w/Turkey/Cheese Wrap) Broccoli Red & Green Peppers Pineapple Mandarin Oranges</p>	<p align="center">21 Cheese Omelet & French Toast Sticks OR Pulled Pork Sandwich Potato Triangle Baby Carrots & Cucumbers Apple Slices Juice Cup</p>	<p align="center">22 Walking Taco (shredded lettuce,shredded cheddar, sour cream, salsa) OR Pepperoni French Bread Refried Beans Corn Grapes Peaches</p>
<p align="center">25 Cheeseburger OR Italian Grilled Chicken Sandwich French Fries Baked Beans Apple Slices Juice Cup</p>	<p align="center">26 Chicken Nuggets w/dinner roll OR Breaded Pork Sandwich Mashed Potatoes & Gravy Corn Mandarin Oranges Pears</p>	<p align="center">27 Grab & Go Lunch Ham & Cheese Sandwich on a Bagel Baked Lays Chips Baby Carrots w/Ranch Apple Slices Grapes</p>	<p align="center">28 Pizza Crunchers w/marinara sauce OR Hot Dog Tater Tots Celery w/sunbutter Peaches Strawberries</p>	<p align="center">29 Bow Tie & Alfredo Sauce Meatballs Cheesy Bread Stick OR Stuffed Crust Pepperoni Pizza Lettuce w/tomatoes Orange Wedges Apples</p>